

Eastlands Primary School

October 2023 Bulletin 3—SEND & Inclusion

As Eastlands Primary School Special Needs and Disability Co-ordinator (SENDCo), I am here to offer support and advice regarding any additional needs or SEND support for your child/children. I support and work with teachers and teaching assistants in school to plan interventions and ensure that the individual needs of all children are met. This includes academic, communication & interaction and social & emotional needs. You can find more information about how this process works by reading our SEN Information report, which can be found at <https://www.eastlandsprimaryschool.co.uk/key-information/policies>

If you have any concerns or need support, please contact the school office to make an appointment or email me at: guy.k1@welearn365.com. It is always a good idea to speak to your child's class teacher in the first instance as they have a greater in depth knowledge of your child's learning. Many thanks, Miss Guy.

Eastlands Well-Being Team

At Eastlands we pride ourselves in putting the mental well-being of our children at the heart of what we do.

The Well-Being Team meet fortnightly to discuss the individual needs of individual children or groups of children who may need extra support.

The team consist of:

- Mrs Edwards ~ Headteacher
- Miss Guy~ SENDCo
- Miss Huggins ~ Pastoral Support Manager, which includes family support (also a DSL)

Our Family Support & SEND partnerships

As a school, we regularly communicate, collaborate and subscribe to a range of outside agencies. These include:

- Specialist Teaching Service (STS)~ Alison Kemp is our specialist teacher from the service and she works at Eastlands for a morning every fortnight with teachers and children in school to assess children's needs and offer specialist advice.
- Educational Psychology service—Mosaic ~ we have bought into this service and Kathryn Livsey is currently supporting and working with individual children and their families.
- Speech and Language therapist ~ Hannah Cassidy is the speech therapist who works with a number of children, their teachers and families.
- The School Nurse Service through Compass. This service provides a range of support for children and their families. (See next page for more information). Their newsletters can be found on the school website.
- See website page—<https://www.eastlandsprimaryschool.co.uk/parents-carers/support-for-families>

Eastlands Primary School

Do you know where you can go for extra information and support?

See our school website:
Click on the **Key Information** tab, then **SEND**.

Here you will find a whole range of information and sources of support for children and the whole family. There is information about the School Nurse Service and Warwickshire Psychology Service offer direct support to parents and carers. There is also signposting to support for issues such as domestic violence, anxiety and bereavement.

Warwickshire's '**Local Offer**' provides all kinds of information to families of children with special educational needs and disabilities. It enables you to make informed choices about the support you receive. It is designed to make sure that all the information you need is all in one place. Find out more by visiting their website at <https://www.warwickshire.gov.uk/send>



Emotional and mental health

Lots of children and young people may struggle with their mental health at some point. It's important to know that you're not alone, it's OK to tell someone how you are feeling, and there are lots of people around to support you. Here are some links for support and advice if you are struggling with emotions, anxiety or low mood:



For children and young people

youngminds.org.uk - mental health advice and support.

cwrise.com - local mental health services - contact details and resources.

childline.org.uk/info-advice - advice on lots of topics relating to wellbeing, and details of how you can contact Childline.

For parents/carers

cutt.ly/gov-uk-covid-supporting-cyp-mental-health

cwrise.com/advice-for-parents-covid-19

youngminds.org.uk/find-help/for-parents
nhs.uk/oneyou/every-mind-matters/childrens-mental-health



For urgent support with mental health for children and young people, please call the RISE Crises team on: 02476 641 799 (8am and 8pm) or 0300 200 0011 (overnight)

Safeguarding is Everybody's Responsibility

Eastlands Primary School

Lansdowne Place, Rugby CV21 3RY Tel: 01788 575328

Eastlands Primary School

Pastoral Support

At Eastlands, the wellbeing of our pupils, parents and carers is important to us. Life can be complex, varied and challenging at times, and sometimes you need someone or somewhere to turn for some extra support or advice.

As well as our Well-Being Team, available within school, we have built relationships with organisations and charities within our local area to ensure that whatever the need, there is someone who can help.

Below are links to websites you might find useful.

If you would like support to access any of these services, please don't hesitate to get in touch with Miss Guy or Miss Huggins, or any other staff member you feel comfortable with.

Family Information Service

<https://www.warwickshire.gov.uk/fis>

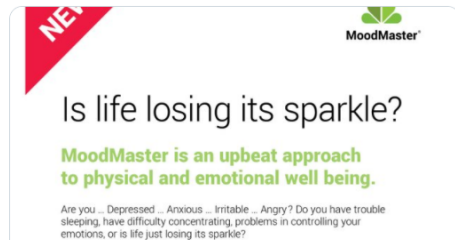


Warwickshire FIS @WarksFIS · Oct 16

MoodMaster is an online course that takes an upbeat approach to physical and emotional well being, starting on Tuesday 3rd Nov

For more info

lousie.corbett@springfieldmind.org.uk
01789 298615



SENDIAS kids

<https://www.kids.org.uk/sendias>

NSPCC

<https://www.nspcc.org.uk/>

Young carers

<http://www.warwickshireyoungcarers.org.uk/>

Coventry and Warwickshire Mind (CW Mind)

<https://cwmind.org.uk/>

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Who we are

Connect for Health is a school nurse-led service that supports children, young people and their families in Warwickshire. We deliver key elements of the [Healthy Child programme](#), working to identify and meet the health and wellbeing needs of the school-age population and give individuals the best possible start in life.

Health & wellbeing support for Warwickshire families

Our service is here for all school-aged children (age 5 to 19, or up to 25 for individuals with SEND) and their parents/carers – regardless of whether they attend a mainstream school. Our team includes a range of healthcare professionals, who can offer you support with topics such as:

- Healthy eating
- Dental health
- Friendships and relationships
- Bullying
- Anxieties about changing schools
- Parenting
- Behaviour
- Fussy eating
- Sleep
- Continence
- Referral onto additional services
- Emotional wellbeing including stress and anxiety

And many more.

Support can be provided in a way that suits you, including:

- Individually, face-to-face or by phone
- In group workshops
- Via our confidential text messaging services for young people and parents/carers

To access support, please [get in touch using the details below](#).

We all have the right to feel safe all the time.

Eastlands Primary School Protective Behaviours Curriculum