

# Eastlands Primary School

November Bulletin 4 — Partners in Education

## Keeping children physically and mentally healthy

### About MASH (Multi-Agency Safeguarding Hub)

The Multi Agency Safeguarding Hub (MASH) is a partnership between Warwickshire County Council, Warwickshire Police, National Health Service (NHS) and other key partner agencies working together to safeguard children, young people and adults.

Working in partnership



**These are the agencies that work  
with Eastlands Primary School**



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NHS deliver government initiatives such as:

- Height and weight checks - Reception & Year 6
- Health & development questionnaires - Reception & Year 6
- Flu immunisations - Reception
- Year 6 wellbeing survey

Police support the school in:

- Road safety
- Railway safety
- Support individual families at parents' request

**Safeguarding is Everybody's Responsibility**

Eastlands Primary School

Lansdowne Place, Rugby CV21 3RY Tel: 01788 57328

# Eastlands Primary School

Eastlands Primary is a **nut free school**. Please can we ask that you do not send your child into school with any nuts or products including nuts. Many thanks for your immediate support on this matter. Can I urge parents who have a child with an allergy or chronic health conditions to arrange an annual appointment with their practice nurse or the school nurse. Please see below for details.



## Warwickshire School Health and Wellbeing Service

Your school nurse led service is friendly, confidential and free for all school aged children (aged 5 – 19 years\*) and their families. We can offer you and your child support on a wide range of health related issues such as:



**Child Development**  
 e.g. bedwetting, sleep, diet

**Relationships**

**Physical Health**

**Healthy Eating & Lifestyle Choices**

**Emotional & Mental Health**

**Bullying**

**Managing Medicines**

**Childhood Immunisations**

**Smoking**

**Alcohol & Drugs**

**Sexual Health**

If your child has a learning need, disability or long term health condition (e.g. epilepsy, asthma, diabetes, allergies) we can help you get the right care and support.

**Friendly**

**Helpful**

**Safe**

\*up to 25 years for young people with special educational needs or disabilities.

For more information about this service please contact the team on:

03300 245 204 or

[warwickshireSH&WBSservice@compass-uk.org](mailto:warwickshireSH&WBSservice@compass-uk.org)

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**We all have the right to feel safe all the time.**

Eastlands Primary School Protective Behaviours Curriculum

# Eastlands Primary School

## How to nurture a child's mental health



© 2018 Mental Fills Counseling Store

Wellbeing resource—Try this at home together

<https://mentallyhealthyschools.org.uk/resources/wellbeing-bingo/>

**MENTALLY  
HEALTHY  
SCHOOLS**



**Anna Freud**  
National Centre for  
Children and Families

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