



### **Eastlands Primary School**

November Bulletin 4 — Partners in Education

#### Keeping children physically and mentally healthy

About MASH (Multi-Agency Safeguarding Hub)

The Multi Agency Safeguarding Hub (MASH) is a partnership between Warwickshire County Council, Warwickshire Police, National Health Service (NHS) and other key partner agencies working together to safeguard children, young people and adults.

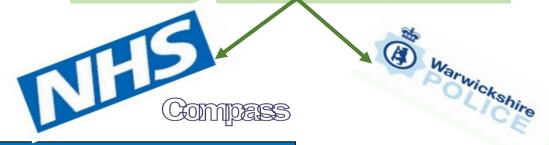
Working in partnership







## These are the agencies that work with Eastlands Primary School



NHS deliver government initiatives such as:

Height and weight checks - Reception & Year 6

Health & development questionnaires - Reception & Year 6

Flu immunisations - Reception

Year 6 wellbeing survey

Police support the school in:

Road safety

Railway safety

Support individual families at parents' request

#### Safeguarding is Everybody's Responsibility

Eastlands Primary School Lansdowne Place, Rugby CV21 3RY Tel: 01788 57328



#### **Eastlands Primary School**

Eastlands Primary is a **nut free school**. Please can we ask that you do not send your child into school with any nuts or products including nuts. Many thanks for your immediate support on this matter. Can I urge parents who have a child with an allergy or chronic health conditions to arrange an annual appointment with their practice nurse or the school nurse. Please see below for details.



#### Warwickshire School Health and Wellbeing Service

Your school nurse led service is friendly, confidential and free for all school aged children (aged 5 – 19 years\*) and their families. We can offer you and your child support on a wide range of health related issues such as:



Child Development
e.g. bedwetting, sleep, diet
Relationships
Physical Health
Healthy Eating & Lifestyle Choices
Emotional & Mental Health
Bullying
Managing Medicines
Childhood Immunisations
Smoking

If your child has a learning need, disability or long term health condition (e.g. epilepsy, asthma, diabetes, allergies) we can help you get the right care and support.

Alcohol & Drugs Sexual Health

Friendly

Helpful

Safe

\*up to 25 years for young people with special educational needs or disabilities.

For more Information about this service please contact the team on: 03300 245 204 or warwickshireSH&WBService@compass-uk.org





We all have the right to feel safe all the time.

**Eastlands Primary School Protective Behaviours Curriculum** 



#### **Eastlands Primary School**

# How to nurture a child's mental health



Wellbeing resource—Try this at home together

https://mentallyhealthyschools.org.uk/resources/wellbeing-bingo/



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