

Eastlands Primary School

February 2017

EPS Attendance
Target **96.5%**

R— 98.1%

Y1— 96.8%

Y2— 96.9%

Y3— 98.4%

Y4— 92.3%

Y5— 96.3%

Y6— 97.7%

Overall attendance
for the whole
school for
January was aver-
aging at **96.7%**.

**This is reach-
ing our target.**

Please help us to
maintain this high
% by ensuring your
child attendance is
good or better.

**Is your child's
class**

**"On time at
5 to 9" ?**

School opens at
8.45am when chil-
dren can go to their
classrooms and get
ready for the start
of the school day.
Please make sure
that your child is in
their class, ready to
work by **8.55am** at
the latest.



Congratulations to Christo and Matilda in Year 6 who both got a distinction grade 1 in their recorder exam (Associated Board of Royal Schools of Music). Mrs Jones is very proud of you both.

e-cadets—I am so proud to tell you that our ecadets were invited to lead a session at the Bett exhibition in London on Friday 27th January. They talked about the online safety work they carry out in our school. Mrs Vikmanis works very hard to develop this aspect of our work with the children.



Term dates. -

1st & 2nd February—Year 5
residential to York

1st March Parent On-line safety
workshop

8th March—Class Photographs

April—parent consultations
meetings2

26th May—teacher day—

School closed

Happy Birthday to all our chil-
dren who celebrate their birthdays
in February:

Rec: Nissanth

1: Darcey, Tobias, Zain, Richard,
Charlotte

2: Lacey, William

3: Finlay, Hector

4: Max, Daniel

5: Lilly, Meredith, Kriti

6: Ellouise, Deol



Congratulations to our school choir

The EPS school choir were amongst nearly 7,000 chil-
dren who performed at the Young Voices 2017 concert
at the Genting Arena on Tuesday 24th February.

All the children thoroughly enjoyed the event and were amazing.
They performed along with Natalie Williams, Tabby Callaghan, The
Beatbox Collective. Please
take a look at the
www.youngvoices.co.uk
website

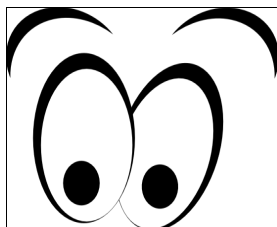


Safeguarding is Everybody's Responsibility

Eastlands Primary School

Lansdowne Place, Rugby CV21 3RY Tel: 01788 57328

Eastlands Primary School



LOOK OUT FOR:

- ⇒ Parents Maths Workshops for KS1 & 2
- ⇒ Safer Internet use week in February
- ⇒ Parents E-safety sessions

New Parent Governors

We are pleased to welcome our new parent governors

Mr Kevin Pickering -parent of Nursery child

Mr Stuart Dodds - parent of Year 3 & Year 5

Explore this link as part of Internet Safety in your home.



School Vision In Action

One of our aims in our new school vision is to praise children's hard work, determination and having a positive attitude. This is promoted in a number of ways to encourage children that good behaviour is valued. We select a child from each year group to be a '**Star of the Week**'. This could be for reasons such as trying hard with their learning or for being a positive role model in the classroom. We also select a '**Sparkly Writer**' from each class weekly which is awarded to children who are achieving well with their writing. The sparkly writer's work is displayed outside every classroom for the whole school community to see. Stamps are earned by reading at home five times a week and completing weekly homework and if children have shown a positive attitude in their lessons. Every child who earns 50 stamps is presented with a bronze certificate, then silver for 100 and gold for 150 stamps. These certificates are presented in Celebrations Assembly on a Friday.

(Miss Haynes)



Look out for our newsletter from the JRSO Junior Road Safety Officers over the next week.



Healthy Eating Programmes

In school we are offering a Change Makers programme on Thursdays at 3.30. there are still some places if you would like to join us.

I have noticed that a few children come in school with unhealthy choices in their lunchboxes. Below is attached our Healthy Lunchbox Leaflet to just offer a few other ideas. I hope you find it useful.

Practical tips for a Healthy Lunchbox

- 😊 Try to vary the contents of the lunchbox daily. That way you can ensure your child is getting the variety of nutrients their body needs to function and grow.
- 😊 Involve your child in preparing their lunchbox. They are more likely to enjoy food they have made themselves.
- 😊 To keep food fresh, make sure it is stored properly: lunches packed the night before need to be stored in the fridge. If using rice, make sure it is cooled quickly and stored in the fridge overnight. To keep your lunch fresh during the day, use a cool bag and put in a frozen drink or reusable ice pack.
- 😊 If your child refuses to eat brown bread, try a lighter variety to make sandwiches using a slice of white and slice of whole meal bread.

😊 **Please ensure grapes and small vegetables are halved to reduce choking risk.**

For more information and advice go to:

www.eatwell.gov.uk/

<http://www.childrensfoodtrust.org.uk/>

What you need to know



Healthier Packed Lunches for Children

Eating well is important. Children need to eat well as it will give them energy and nutrients to grow and develop, be healthy and active.

A healthy enjoyable lunch gives children the energy they need to learn and play at school.



What is a healthy packed lunch?

Starchy Foods

Base each meal on a starchy food, such as bread, potato, rice, pasta and yam.

Starchy foods give energy, fibre, vitamins and minerals.

😊 Bread, try different types, such as pitta bread, wraps, chapattis or bread rolls.

😊 Other starchy foods, such as pasta, couscous or rice.

😊 Whole grain varieties are best for fibre, which is vital for a healthy digestive system.



Protein

😊 Cheese such as cottage cheese, Edam or soft cheese.

😊 Tofu, soya or tempeh.

😊 Dishes containing pulses, bean for example dahl, stew or bean salad.



! Use butter, margarine, mayonnaise or salad dressing sparingly, because these can be high in fat, or use lower fat alternatives.

✗ EPS Primary School requests no nuts in packed lunches please.



Drinks

Drinks, especially water, help children to concentrate and feel well. Water is freely available in school.

Snacks and Confectionary

Snack food may be occasionally included but aim to make healthier choices. Snack foods tend to be high in fat, sugar, and salt. Foods high in fat can cause excessive weight and may lead to heart disease. High sugar foods are high in calories and bad for teeth. High salt foods may increase blood pressure which can lead to heart disease and some cancers.

✗ Packed lunches should not contain chocolate, biscuits, sweets, salted, savoury snacks, cereal bars or fizzy drinks.

✗ Please do not include jam or chocolate spread filling for sandwiches.

Milk and Dairy foods

Include a dairy product or dairy alternative, such as fromage frais or tzatziki. These foods provide calcium necessary for strong bones and teeth, as well as providing protein and vitamins.

Fruit and Vegetables

Don't forget to include fruit and vegetables. You can use fresh, frozen, tinned or dried. Fruit and vegetables are full of vitamins, minerals and fibre necessary for the body to function properly to keep you strong and healthy.

😊 Add tomato, lettuce or beetroot to a sandwich.

😊 A vegetable dish, such as salad or toast vegetables.

😊 Fresh fruit, such as apple, banana or pear.

😊 Dried fruit, such as raisins, apricots or figs.

😊 Fruit salad (fresh or tinned in juice) or vegetable salad.

😊 Finger foods such as cherry tomatoes, cucumber sticks or celery.

Good with a dip such as hummus or guacamole.

😊 Use fresh fruit and vegetables, which are in season to help the environment and enjoy variety!

😊 Aim to include at least one portion of fruit and one portion of vegetable or salad.



For a healthier snack;

😊 Replace sweets and chocolate with dried fruit salad.

😊 Replace cakes and pastries with fruit bread or malt loaf.

😊 Replace salted, savoury snacks with rice or breadsticks.

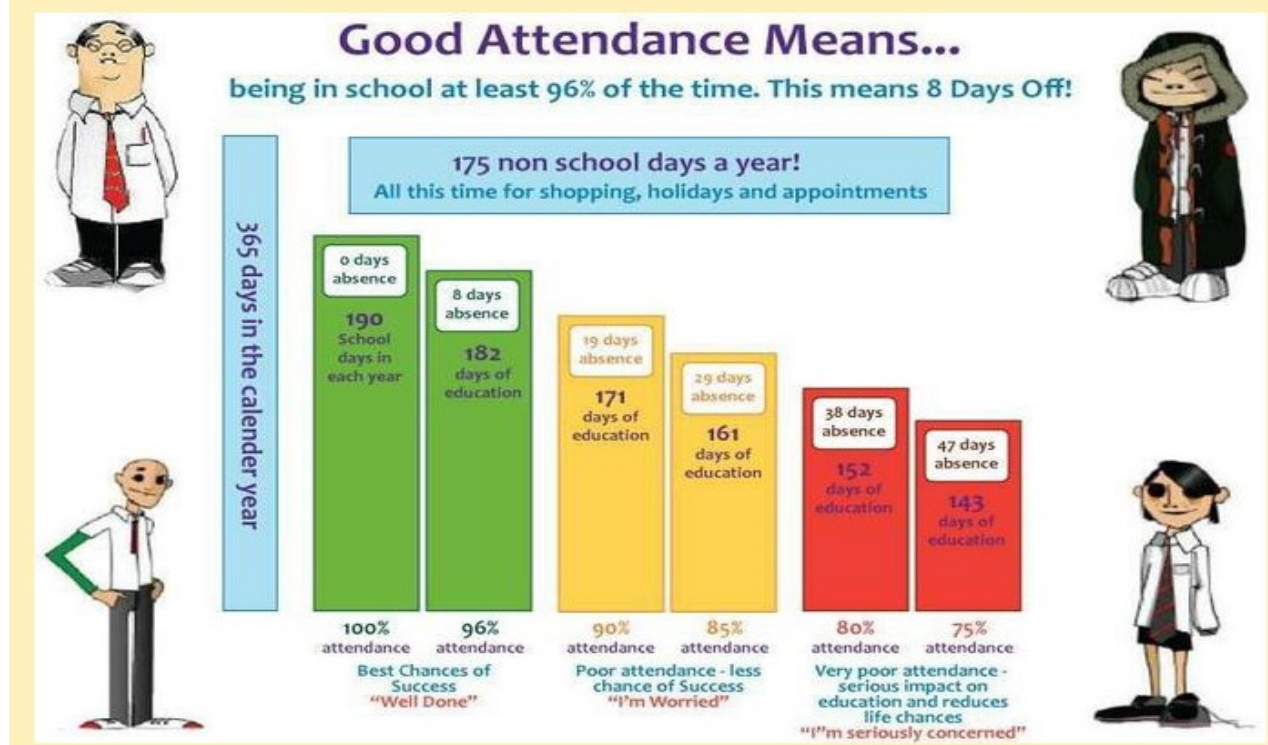
Eastlands Primary School

Bad weather—We are into the time of year when bad weather can impact on school. If we have an emergency school closure or part day closure you will be informed through Rugby FM, our school website and by text message as soon as possible.

Our school attendance target is:-

96.5%

ATTENDANCE TARGET



Computer Fun

This month's recommended website for children:-

Ks1 [Phonics games](http://www.familylearning.org.uk/phonics_games.html)

http://www.familylearning.org.uk/phonics_games.html

Always supervise your children when they are using the internet

KS2 – [Crick](http://www.crickweb.co.uk/ks2literacy.html)

<http://www.crickweb.co.uk/ks2literacy.html>



Eastlands Primary School

LEAVE OF ABSENCE DURING TERM TIME 2016-2017 – INFORMATION FOR PARENTS

The Education (Pupil Registration) (England) (Amendment) Regulations 2013, govern all requests for leave within term-time. When considering such requests for a leave of absence, the school are obliged to act within the law.

The amended regulations removed references to 'holiday' and 'extended leave', as well as the statutory threshold of 10 school days. It is now clear that Head Teachers may not grant any leave of absence during term time unless there are exceptional circumstances relating to the application. If the leave is granted, head teachers are able to determine the number of school days a child can be absent for.

The Government has not defined 'exceptional circumstances' as referred to in the 2013 regulations. It is for the Head Teacher to decide what he/she views as 'exceptional' and it is at their discretion if the circumstances warrant the leave to be granted.

The school can only consider Leave of Absence requests which are made by the 'resident' parent.

Each application for a leave of absence will be considered on a case by case basis and on its own merits.

Where applications for leave of absence are made in advance and refused, the child will be required to be in school on the dates set out in the application. If the child is absent during that period, it will be recorded as an unauthorised absence, which may result in legal action being taken against the parent(s), by way of a Fixed Penalty Notice.

Failure to make an application for leave in advance can also result in a Fixed Penalty Notice being issued to the parent(s).

All matters of unauthorised absence relating to a Leave of Absence will be referred to the Attendance, Compliance and Enforcement Service of Warwickshire County Council

It is important to note, Fixed Penalty Notices are issued to each parent of each absent child, (for example 2 children and 2 parents, means each parent will receive 2 invoices in the amount of £120 each, totalling £240 for both children, this is reduced to £60 per child if paid within 21 days).

Where a Fixed Penalty Notice is not paid within the required timeframe as set out on the notice, the matter will be referred to Warwickshire County Council's Legal Services to consider instigating criminal proceedings under S444 Education Act 1996.

Fixed Penalty Notices are issued in accordance with Warwickshire County Council's Code of Conduct for Penalty Notices.

Warwickshire Primary School pupils recorded 47,552 half day sessions of absence due to holiday in the academic year 2014/15. This is a decrease of 13,122 on the previous year. This is a positive outcome as it means that 6,561 extra days of education were achieved when compared with the previous academic year.

We greatly appreciate parental support to reduce the total amount of days lost due to holidays. We are committed to working in partnership with you to enable your child to reach their academic targets and to support their social development. For this to happen we need to keep individual attendance as high as possible - we all need to play our part.

Your child's progress academically as well as socially is our shared priority