

Eastlands Primary School

October 2018

EPS Attendance
Target **96.5%**

R— 96.4%

Y1— **95.9%**

Y2—97.5%

Y3—96.6%

Y4— 96.6%

Y5—97.3%

Y6— 96.9%

Overall attendance
for the whole
school for
September was
averaging at

96.76%.



**This is above
our target.**

Please help us to
maintain this high
% by ensuring your
child attendance is
good or better.

**Is your child's
class**

**“On time at
5 to 9” ?**

School opens at
8.45am when chil-
dren can go to their
classrooms and get
ready for the start
of the school day.
Please make sure
that your child is in
their class, ready to
work by **8.55am** at
the latest.

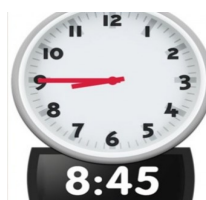
Dear Parents, - **Please see flu vaccination leaflet.**

Please ensure your child is supervised on the play-
ground before school until staff open the school
doors at 8.45.

A reminder of school times:-

8.40—back school gate opens 8.45—school doors open

Registers: 8.55 register is taken. The register is electronic so it is
completed and sent to the office promptly. At 8.55 your child is late
and you will need to bring your child to the front office to be marked
present and order lunch.



Term dates. -

1.10.18—Accelerated Read-
ers workshop
2.10.18—Individual photos
5.10.18—PSA quiz night
19,10,18—Wear it Pink
22nd / 25th .10.18—
Termly Learning Conferences
21.12.18—training day—
school closed to pupils

Happy Birthday to all our children
who celebrate their birthdays in Octo-
ber:

1: Riley, Finn, Evie, Jaxon

2 : Daniel, Robert, Alaina

3: Jayan, Esme, Diya

4R:Jack, Daniel

4E, Robert, Lola, Tyler, Rafe, Teni,
Sam, Lily-Mae

5: Chloe, Frederico

6: Shannon Tanya, Maya, Imogen

School Data & SATS — 2018

EYFS — There is a drop in Good Level of Development reflecting the
increasing number of children coming into school with weaker lan-
guage and communication skills.

Year 1— Phonics remain consistently high over the last 3 years.

Year 2— Key stage 1 results remain similar to last year with improve-
ment in maths and science. There is an increase in reading and
maths at ‘Greater Depth’. Greater depth writing is our focus this year
across the school.

Year 6.—Excellent results across all areas. There is a significant in-
crease at the ‘Higher Standard’. As children progress through our
school they make good progress. Many thanks to parents for all your
support over the year to achieve these strong results.

Safeguarding is Everybody’s Responsibility

Eastlands Primary School

Lansdowne Place, Rugby CV21 3RY Tel: 01788 57328

Eastlands Primary School

School Health & Wellbeing Service—Warwickshire County Council is consulting with the public, professionals and partners on the services provided through the School Health & Wellbeing Service to ensure they are fit for purpose, good quality and meeting the needs of children and families in Warwickshire. Warwickshire County Council would like to hear your views on the School Health & Wellbeing Service. We would encourage you to visit the website and complete the survey before the closing date of 12th October 2018:

[https://ask.warwickshire.gov.uk/public-health/school-health-and-wellbeing-service/Health & Well Being](https://ask.warwickshire.gov.uk/public-health/school-health-and-wellbeing-service/Health%20&%20Well%20Being)

Eastlands Primary is a **nut free school** as we have a child with a life threatening allergy to nuts. Please can we ask that you do not send your child into school with any nuts or products including nuts. Many thanks for your immediate support on this matter. Can I urge parents who have a child with an allergy or chronic health condition to arrange an annual appointment with their practice nurse or the school nurse. Please see below for details.



I have published here a healthy lunchbox leaflet and a guide to support mental wellbeing . I hope both will be helpful.

Warwickshire School Health and Wellbeing Service

Your school nurse led service is friendly, confidential and free for all school aged children (aged 5 – 19 years*) and their families. We can offer you and your child support on a wide range of health related issues such as:



- Child Development
e.g. bedwetting, sleep, diet
- Relationships
- Physical Health
- Healthy Eating & Lifestyle Choices
- Emotional & Mental Health
- Bullying
- Managing Medicines
- Childhood Immunisations
- Smoking
- Alcohol & Drugs
- Sexual Health

If your child has a learning need, disability or long term health condition (e.g. epilepsy, asthma, diabetes, allergies) we can help you get the right care and support.

Friendly

Helpful

Safe

*up to 25 years for young people with special educational needs or disabilities.

For more information about this service please contact the team on:
03300 245 204 or
warwickshireSH&WBSservice@compass-uk.org




We all have the right to feel safe all the time.

Eastlands Primary School Protective Behaviours Curriculum

Eastlands Primary School

How to nurture a child's mental health



We all have the right to feel safe all the time.

Practical tips for a Healthy Lunchbox

- 😊 Try to vary the contents of the lunchbox daily. That way you can ensure your child is getting the variety of nutrients their body needs to function and grow.
- 😊 Involve your child in preparing their lunchbox. They are more likely to enjoy food they have made themselves.
- 😊 To keep food fresh, make sure it is stored properly: lunches packed the night before need to be stored in the fridge. If using rice, make sure it is cooled quickly and stored in the fridge overnight. To keep your lunch fresh during the day, use a cool bag and put in a frozen drink or reusable ice pack.
- 😊 If your child refuses to eat brown bread, try a lighter variety to make sandwiches using a slice of white and slice of whole meal bread.

😊 **Please ensure grapes and small vegetables are halved to reduce choking risk.**

For more information and advice go to:

www.eatwell.gov.uk/

<http://www.childrensfoodtrust.org.uk/>

What you need to know



Healthier Packed Lunches for Children

Eating well is important. Children need to eat well as it will give them energy and nutrients to grow and develop, be healthy and active.

A healthy enjoyable lunch gives children the energy they need to learn and play at school.



What is a healthy packed lunch?

Starchy Foods

Base each meal on a starchy food, such as bread, potato, rice, pasta and yam.

Starchy foods give energy, fibre, vitamins and minerals.

😊 Bread, try different types, such as pitta bread, wraps, chapattis or bread rolls.

😊 Other starchy foods, such as pasta, couscous, or rice.

✅ Whole grain varieties are best for fibre, which is vital for a healthy digestive system.



Protein

😊 Cheese such as cottage cheese, Edam or soft cheese.

😊 Tofu, soya or tempeh.

😊 Dishes containing pulses, bean for example dahl, stew or bean salad.

Top 6 Vegetarian Protein Sources



! Use butter, margarine, mayonnaise or salad dressing sparingly, because these can be high in fat, or use lower fat alternatives.

✗ EPS Primary School requests no nuts in packed lunches please.



Drinks

Drinks, especially water, help children to concentrate and feel well. Water is freely available in school.

Snacks and Confectionary

Snack food may be occasionally included but aim to make healthier choices. Snack foods tend to be high in fat, sugar, and salt. Foods high in fat can cause excessive weight and may lead to heart disease. High sugar foods are high in calories and bad for teeth. High salt foods may increase blood pressure which can lead to heart disease and some cancers.

✗ Packed lunches should not contain chocolate, biscuits, sweets, salted, savoury snacks, cereal bars or fizzy drinks.

✗ Please do not include jam or chocolate spread filling for sandwiches.

Milk and Dairy foods

Include a dairy product or dairy alternative, such as fromage frais or tzatziki. These foods provide calcium necessary for strong bones and teeth, as well as providing protein and vitamins.

Fruit and Vegetables

Don't forget to include fruit and vegetables. You can use fresh, frozen, tinned or dried. Fruit and vegetables are full of vitamins, minerals and fibre necessary for the body to function properly to to keep you strong and healthy.

😊 Add tomato, lettuce or beetroot to a sandwich.

😊 A vegetable dish, such as salad or toast vegetables.

😊 Fresh fruit, such as apple, banana or pear.

😊 Dried fruit, such as raisins, apricots or figs.

😊 Fruit salad (fresh or tinned in juice) or vegetable salad.

😊 Finger foods such as cherry tomatoes, cucumber sticks or celery.

Good with a dip such as hummus or guacamole.

✅ Use fresh fruit and vegetables, which are in season to help the environment and enjoy variety!

✅ Aim to include at least one portion of fruit and one

portion of vegetable or salad.



For a healthier snack

😊 Replace sweets and chocolate with dried fruit salad.

😊 Replace cakes and pastries with fruit bread or malt loaf.

😊 Replace salted, savoury snacks with rice or breadsticks.

Eastlands Primary School

School vision in action

Callum Year 6— Was selected as Star of the Week for showing great Respect at all times to staff and peers. Well done Callum

Jasper Year 6— Don't laugh at someone's ideas and listen to them.

Marley & Zayan Year 3— Help people on the playground. Look after people if they hurt themselves or take them to First Aid

One of our school aims is to build a school community with positive relationships based upon clear values, respect and support. At Eastlands we continually develop positive relationships, encouraging positive relationships between the children and between staff and children. Having a defined set of school rules, a school vision and a behaviour system in place enables children to know what is expected of them and good behaviour choices are acknowledged through rewards such as star of the week and stamps. In every classroom, positive relationships have been established between the children and the staff and this is evident through happy children who show respect, who are eager to learn and enjoy coming to school each day.



Astrid Year 3— We listen to people

Maya Year 6— Do not talk over someone

Esme Year 3— If people are sad—play with them.

Freya Year 3— Hands & feet to yourself

Jacob Year 3— Give people space if they are sad and don't want to talk.

We all have the right to feel safe all the time.

Eastlands Primary School

A message from the chair and vice chair of governors

The heat wave and glorious summer only seems like yesterday, yet it is now the beginning of October and our children are settled into their new classes. Each year every governor writes a short article for the school's newsletter, this month James Holmes and Ian Bates welcome you back to school, introduce themselves and describe their roles on the governing body.

You cannot fail to have noticed the building work that took place over the summer and we hope you like the new fence at the front of the school, it adds an extra level of security that is so important. The local authority's refurbishment of the kitchen is also now complete and if your children are anything like James' they are glad to be back on hot meals again, they loved the deli bag but missed the normal variety of meals.

At the end of last year the school assessed how well it had performed and set targets for 2018-19. The governing body plays a key role in this process, providing both support and challenge. We are very pleased that our children performed so well at each key stage last year and although academic performance is important, we were pleased to see such a broad range of extra-curricular activities. From overnight trips to York, outward bounds in Devon, the annual outing to the pantomime, as well as a fantastic set of clubs during and after school. Thank you to all those staff, parents and volunteers who help to provide these extra activities each year.

Although James' main role is to lead the governing body, he also jointly shares a responsibility to visit the school with other governors. This year James will be visiting the school to observe and learn more about the school's safeguarding practices; personal development, behaviour and welfare; and the early years foundation stage curriculum. Ian will cover quality of teaching and learning, assessment for learning and whole school data.

James has been a parent governor and chair since March 2016. However, Ian joined the governing body in July 2015 as a co-opted (community) governor and is now the longest serving governor.

As Ian is a co-opted governor and not a parent at Eastlands you will not see him at pick-up or drop-off times. However, Ian has the interests of the school and our children at heart and regularly visits the school during the day as well as attending the regular meetings. Ian lives locally and knows some parents through the local community, he has a daughter in a different primary school in the area so can understand the needs that you have as parents. As an Engineer at Coventry University for the past seven years, Ian has developed a number of physics research projects. Therefore, you will not be surprised to read that Ian is particularly interested in Science and Maths teaching. Ian is also very aware that technology is changing our children's development, the way they learn and that this has an impact at school and home.

James and Ian hope to continue serving everyone at Eastlands Primary School for years to come. If you are interested in the work of the governing body you can read more, including minutes of our twice termly meetings, at www.eastlandsprimaryschool.co.uk/key-information/governance. As always, if you would like to discuss anything with a parent governor, please do not hesitate to stop one of us in the playground.

Yours faithfully

James Holmes and Ian Bates

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Eastlands Primary School Protective Behaviours Curriculum

Eastlands Primary School



School Council 2018-19:- These children have been selected by their peers to represent their class in school matters.

Reception	Oliver	Isabella
Year 1	Finn	Amelia
Year 2	Esme H	Jacob S Ollie B
Year 3	Bobby	Darcey
Year 4	Sahasra Jessica	Jack B Ben S
Year 5	Sophie L	Ethan
Year 6	Rafi	Madeline

The school council is preparing for 'Wear it Pink' day on 19th October.

The children will be leading an assembly on to explain the events to their school friends.

On Friday 19th October your child can wear an item of pink with a donation of £1.00. They can also bring in £1.50 to buy some cakes.

Also school council would like to ask parents to bring in cakes to sell on Thursday to raise more money for this worthy cause. Thank you.



Anti-Bullying Leaders

Congratulations to all ABL children and good luck in your new roles.

Max
Soren
Sophie F
Bailey
Sienna A

Casper
Georgina F
Shania
Erin W



Harvest Festival 2018

Once again school council have chosen to support to Rugby Foodbank. The schools and churches of Rugby donate through Harvest assemblies and services. Attached is a list of suggested items. If you feel you would like to donate please bring a contribution in by Friday 26th October. Thank you in anticipation of your support.

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HARVEST APPEAL

HELP BY DONATING AN ITEM OR TWO FROM OUR SHOPPING LIST TO ENSURE WE CAN PROVIDE FOOD TO PEOPLE IN CRISIS.

**SHOPPING LIST
TOP TEN ITEMS**

- UHT milk/dried milk
- Tinned vegetables
- Coffee/Hot Chocolate
- Jam/Marmalade
- Tinned Rice Pudding/Custard
- Tinned Fruit
- Tinned Potatoes/Tomatoes
- Tinned Meat/Fish
- Pasta/Rice (500g)
- Long Life Fruit juice

Don't forget...

You can help transform more lives with a financial donation too.



HARVEST APPEAL

Rugby foodbank provides three days of emergency food to local individuals and families in crisis. Frontline care professionals including health visitors, social workers and school liaison officers refer people who are facing hunger to the foodbank. As well as receiving nutritionally balanced, non-perishable food parcels, people visiting the foodbank are welcomed with a cup of tea, listened to and signposted to agencies who are able to help resolve the underlying cause of the problem.

By donating to the foodbank you can help support local people in crisis, thank you!

www.rugby.foodbank.org.uk
info@rugby.foodbank.org.uk
 07557 680019


[rugbyfoodbank](#)


[rugbyfoodbank](#)

If you would like to help further, then please consider making a monetary Donation.

This would help to cover the costs of storing and distributing food, as well as help us develop sustainable projects.



Rugby Foodbank
rugby.foodbank.org.uk

Registered Charity in England & Wales (1126487)
Part of the work of Hope4





Rugby Foodbank
rugby.foodbank.org.uk



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Eastlands Primary School

Bad weather—We are now into the time of year when bad weather can impact on school. If we have an emergency school closure or part day closure you will be informed through Rugby FM, our school website and by text message as soon as possible.

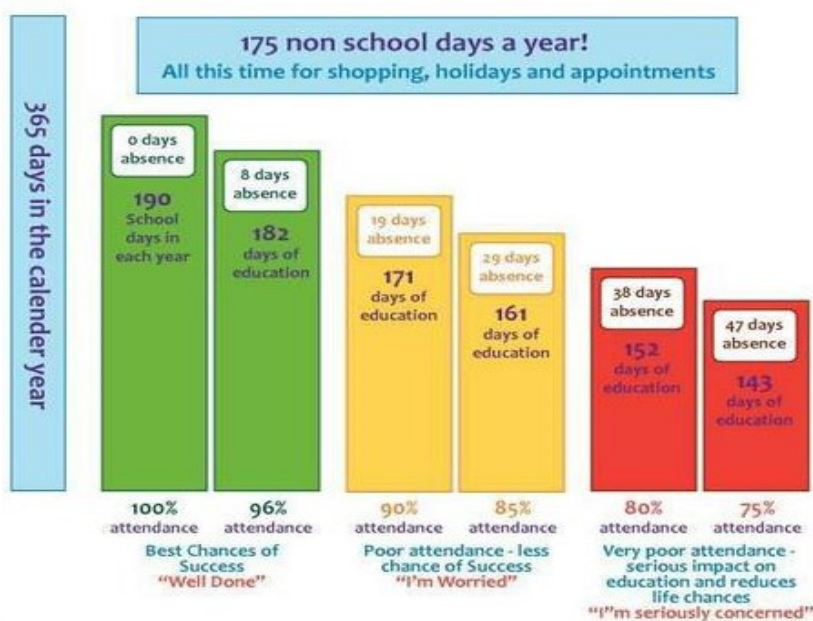
Our school attendance target is:-

96.5%

ATTENDANCE TARGET

Good Attendance Means...

being in school at least 96% of the time. This means 8 Days Off!



Computer Fun

This month's recommended website for children:-

KS1 & 2

Giggle poetry

<http://www.gigglepoetry.com/>

Always supervise your children when they are using the internet



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LEAVE OF ABSENCE DURING TERM TIME UPDATED INFORMATION FOR PARENTS

The Supreme Court recently reached a decision in the case of *Platt v Isle of Wight Council* which has clarified the law on unauthorised leave, including holidays, during term time. The parents of children of compulsory school age are required to ensure that they attend school on a regular basis. The Supreme Court has made clear that attending school 'regularly' means that the children must attend school on every day that they are required to do so. As such, the parents of any child who is absent from school without authorisation for any length of time are likely to be considered as committing an offence under s444 of the Education Act 1996.

Head Teachers retain the ability to authorise leave in accordance with the Education (Pupil Registration) (England) Regulations 2006. When considering such requests for a leave of absence, the school are obliged to act within the law. Head Teachers may not grant any leave of absence during term time unless there are exceptional circumstances relating to the application. If the leave is granted, head teachers are able to determine the number of school days a child can be absent for.

It is for the Head Teacher to decide what is 'exceptional' and it is at their discretion if the circumstances warrant the leave to be granted. The school can only consider Leave of Absence requests which are made by the 'resident' parent.

Each application for a leave of absence will be considered on a case by case basis and on its own merits.

Where applications for leave of absence are made in advance and refused, the child will be required to be in school on the dates set out in the application. If the child is absent during that period, it will be recorded as an unauthorised absence, which may result in legal action being taken against the parent(s), by way of a Fixed Penalty Notice.

Failure to make an application for leave in advance can also result in a Fixed Penalty Notice being issued to the parent(s).

All matters of unauthorised absence relating to a Leave of Absence will be referred to the Attendance, Compliance and Enforcement Service of Warwickshire County Council

It is important to note, Fixed Penalty Notices are issued to each parent of each absent child, (for example 2 children and 2 parents, means each parent will receive 2 invoices in the amount of £120 each, totalling £240 for both children, this is reduced to £60 per child if paid within 21 days).

Where a Fixed Penalty Notice is not paid within the required timeframe as set out on the notice, the matter will be referred to Warwickshire County Council's Legal Services to consider instigating criminal proceedings under S444 Education Act 1996.

Fixed Penalty Notices are issued in accordance with Warwickshire County Council's Code of Conduct for Penalty Notices.

Your child's progress academically as well as socially is our shared priority